



A Time To Reflect

OPINIONS, POLITICS, & BLACK HISTORY MONTH, OH MY!



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This edition is also available at www.lasalleacademy.org

BLACK HISTORY MONTH ASSEMBLY

This past Wednesday February 7, 2019, we celebrated our annual Black History Month Assembly. The assembly began with a prayer from Reverend Dr. Barbara Williams Harris, and a beautiful performance of the Star-Spangled Banner by Firefighter Regina Wilson. Dr. Hazel N. Dukes, the president of the NAACP New York State Conference inspired us with a valuable lesson on diversity. Dr. Hazel Dukes informed us that African Americans have played and continue to play a huge role in almost all aspects of American life. She told us that this generation is the highest achievers in education, we must continue to maintain and improve our learning experiences. We then had a great opportunity to listen to the first African American Speaker of the New York State, Carl E. Heastie, who explained to us why we celebrate Black History Month in the month of February. We do this because we honor two heroes whose birthdays are in February: Frederick Douglas, and Abraham Lincoln. Wayne Scully Jr., who is part of Drama Club, performed his amazing poem, Afrofuturism in the Present. Mr. Dennis M. Walcott, the President and CEO of the Queens Library and the former chancellor of the New York City public school systems and former Deputy Mayor under Mayor Michael R. Bloomberg explained that life should always be about fighting to be equal. Our assembly ended with the NYPD Band's lively performances of "When the Saints Go Marching In", "Take the A- Train", "Bring it on Home", "Soul Man", "R-E-S-P-E-C-T", "Heading Through the Grape Vine", and "Superstition". It was overall a wonderful assembly with many inspirational speakers, and great performances which showed the great spirit and history of Black History Month.

- Kughan Gunaratnam

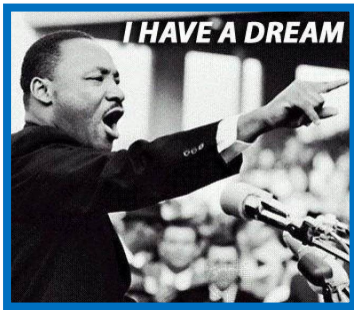


BLACK HISTORY MONTH ASSEMBLY



A TRIBUTE TO MARTIN LUTHER KING JR.

Throughout human history few have risen up in the face of great opposition, in a period of hate, violence, and oppression. Even fewer have found success in the onerous endeavor, but one such miracle that today still lights the hearts of brave men and woman is the actions and voice of Martin



Luther King Jr.. When speaking of the Civil Rights Movement, a time of immense tension and change, one cannot overlook the work of Martin Luther King Jr, who became the unifying voice of those in oppression, distress, and fear. With his words and non- violent actions, Martin Luther King gained the support of the oppressed minority and became the voice for political and social change. He achieved change with boycotts, strikes, non-violent protest

and public speeches. The message from Martin Luther King Jr to America and the world was, to stop blocking the pursuits of life, freedom, and happiness from other human beings, and to recognize and amend the immoral restrictions placed upon all peoples. Though his life was taken from him too soon, Martin Luther King Jr will always be remembered for his dream that all God's children should be treated equally.

-Emmanuel Amoah Jr.



MUST SEE MOVIES TO WATCH DURING BLACK HISTORY MONTH



12 Years a Slave
Acrimony
Amistad
Black Panther
Color Purple
Django Unchained
Equalizer
Get Out
Glory



Green Book
The Hate you Give
Hidden Figures
If Beale Street Could
Talk
John Q



Malcolm X
Mighty River
Mississippi Burning
Moon Light
Proud Mary
Selma
Shape of Water
Sorry to Bother You
Superfly



THE TRUMP SHUTDOWN AND WALL

The American people have been experiencing a troubling point in time of the Trump Administration. Our president, Donald Trump had shut down our government for a span of 35 days. This affected over 800,000 men and women who work for the federal government. Many were reduced to living off food stamps and were forced into missing their rent payments, mortgages and other bills.



Over the last 35 days, Donald Trump made several statements about the matter. He blatantly blamed Congress and democrats for the impact of the shutdown. This staged, scripted, cold-hearted address to the nation showed little compassion to those who were able to see through his political plays. Hours after the president made his address, the Speaker of the House, Nancy Pelosi and Senate minority leader Chuck Schumer made a rebuttal, showing their stance

against the president and his beliefs that a “wall” could prevent the American people from being affected by drugs and criminals from the southern border. Over the 35 days Donald Trump did nothing to help hasten the process of reopening the government. The result of this very shutdown has done nothing but harm the American people, contradicting the very reason for this shutdown. The American government has truly shown the division between parties over the span of 35 days. At the end Congress was able to get the president on board to sign a bill that reopened the government for three weeks, allowing the president and congress to come up with some sort of agreement about border security. It's uncertain if the president will act on his word and close the government again if there is no agreement reached. I implore all that have some sort of interest in our government, especially those who will be able to vote for the 2020 elections, to pay attention to the political plays by not only the president, but the rest of our esteemed government officials.

- Lyndon Inglis



2019 NEW YEAR, NEW TECH

Consumer Electronics Show

CES takes place every January, this show is the largest electronics show in the world. This year the show ran from January 8, 2019 to January 11, 2019.

Here are some highlights of what was unveiled

- Apple releases iTunes, AirPlay, and home kit to tv makers. This allows for apple device integration with tv's and other electronics
- Honda is coming for Tesla with a new Dream Drive in-vehicle experience. This allows drivers and passengers to exploit the vast array of goods and services from the web, in the safety and comfort of their vehicles.
- Gaming peripherals manufacturer Razer has announced Amazon Alexa support to some of their devices.
- Philips Hue is paving the way for outdoor smart lighting, launching a new outdoor product line, designed to welcome you home and give some ambience to your outside space.
- Google has announced their assistant is being featured in the Capstone Connected Home Smart Mirror, a voice and touchscreen capable screen.
- WIFI will be faster than ever before, with Netgear showing off their improved Orbit Mesh Router adopting WIFI 6 support (also known as 802.11AX standard) increasing wireless network speeds.
- Intel has announced its 10nm (nanometer) chip, allowing for even faster smartphones. This comes after smartphone chip manufacturer Qualcomm's Snapdragon 855 Mobile chip just started to appear in smartphones in Q4 2018, allowing for 5G connectivity giving faster mobile speeds.

Since CES is just starting at the time of writing, Next month's tech page will feature a complete list of tech released during the show.

Healthcare Changes

Artificial Intelligence (AI) will soon be capable of detecting cancer or heart attacks, allowing patients to have in home patient care.

Blockchain Technology

Cryptocurrency was a hot topic for 2017 and 2018 alike, but the hype soon dropped with when bitcoin tanked after hitting a high of \$19,650 per coin. For the uninitiated, Blockchain is the technology powering cryptocurrency. Most people associate crypto with the stock market, but they are two separate things. Cryptocurrency is a currency that has a constantly changing price per coin. For more info on how the blockchain works visit bit.ly/2iaQHnQ

- Raymond Arroyo

STUDENTS' OP-ED

A new addition to the school paper- an article where students can express their opinions to the rest of their peers by answering a monthly question, made by Michael Suarez. To participate in the Op-ed you must go to Ms. Toney's room (409) and submit your answers in the submissions box. From there, the best responses will be chosen to appear in The Cardinal. Here is this edition's question and student responses:

Which current musician do you think will stand the test of time and why?

Responses:

Kanye West - *"He has changed Hip-Hop numerous times and influenced artists outside of his genre. He is more than Hip-Hop, he is also a fashion and a cultural icon. He is Hip-Hop's most polarizing figure ever."* - Raul Barrera, senior

Kendrick Lamar - *"Kendrick Lamar will stand the test of time because of his unique flows, cadence, artistry, and storytelling."* - Cencere Richardson, senior

Earl Sweatshirt - *"I believe this musician will stand the test of time because of his unique production in unison with his vivid imagery while storytelling."* - Wayne Scully, junior

Eminem - *"Eminem's use of lyrics are very metamorphic and he can make one line mean many different things. Eminem incorporates his high vocabulary into his music. Eminem settles disputes with other rappers through his music and can destroy your favorite rapper's music career with one line."*

-Anonymous

The first month of this Op-ed was very successful as we received several responses. I appreciate all of those who participated. For those that didn't, I highly encourage you to do so and get involved with the school newspaper. Be ready for next edition's question of the month!

- Michael Suarez



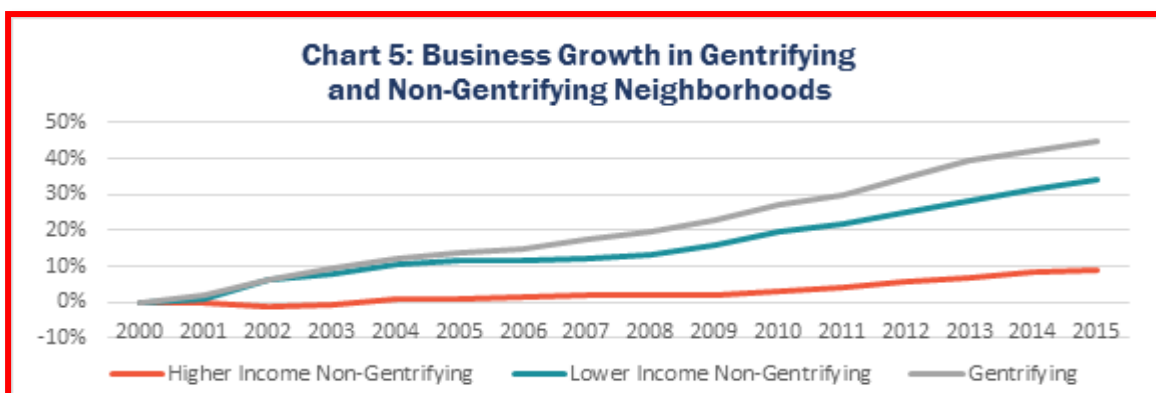
GENTRIFICATION: A DOUBLE-EDGED SWORD?

When discussing and trying to comprehend or understand the topic, gentrification, there is a sense of a pragmatic perspective understanding that [Gentrification], as almost all topics are, is a double-edged sword. There will be those who feel it is detrimental and a colossal danger to the social-economic ecosystem of the inner city and potentially the harbinger of the death of culture and lifestyles of its inhabitants. On the other hand, when voicing the opinion for economic prosperity, there is an opening the pool of potential consumers being injected into lower-income areas. The perspectives and the facets that consume this conversation ultimately end up being lost in tangents or anecdotes.

The exercise of “putting yourself in someone’s shoes” is integral towards deconstructing but more important than that is the understanding of another point-of-view. In the United States, the thought of the ability of an endless multitude of possibilities occurring seems more plausible. People become offended that they could be taxed after their death for a hypothetical estate or the theoretical 70%+ tax on any income over fifteen million dollars. So just imagine you are given an opportunity to make a huge amount of money by buying sub-par to par houses and either renovating or building new houses to tenants that are less likely to stay long term and accept a high rent with little to no quarrels. Preservation of the self can easily become just wanting financial security and then a slippery slope no longer mollicoddles those not essential towards the building owner.

It’s often said that a person doesn’t give the full amount of attention to an issue that does not immediately impact them or their prospects. Or put more eloquently “You don’t care until it happens to you.” That sentiment would make it very clear that the ever-growing housing market in the up-start neighborhoods leads to the clear distinction that an apartment or a house that a person may have only ever known could just be sold to the highest bidder. The indifference of economics to the emotions and circumstances can seem to be cruel and callous but it is unbiased. Many opponents can argue till their wit’s end about the last statement. Yet, the people that have their lives uprooted and augmented forever are often lost in the drift of economic growth and statistics.

- Juan Angos



BABY IT'S COLD OUTSIDE....SOUPS ON!

Many people do not know that there are different types of soups. Some of the most common types of soup are broth/stock soups, consume soups, cream soups, bisque and chowder soups. I will briefly explain each.

Broth/Stock Soups - this is a strained, thin, clear liquid in which meat, poultry or fish has been simmered with vegetables and herbs. (A bouillon type is the same as a broth only it has been dehydrated and sold in a granule or cube form.)

Consume Soups – this is a strong flavorful meat or fish broth that has been clarified (fat and sediments are removed.)

Bisque Soups – this is a rich, thick, smooth soup that is often made with shellfish such as lobster or shrimp.

Chowder Soups – this is a thick chunky soup. It is traditionally made with seafood or fish but can also be with poultry, vegetables or cheese.

MATZO BALL CHICKEN NOODLE SOUP

Prep Time: 10 minutes

Cook Time: 1 hour 30 minutes

Serves: 5

Ingredients:

For Soup:

3 carrots or 10-12 baby carrots

2 stalks Celery

6 cups chicken broth

2 cups water

Salt and Pepper

Fine Egg Noodles

For Matzo Balls:

3 Large Eggs

3 tablespoon vegetable oil or canola oil

$\frac{3}{4}$ cups matzo meal

1 teaspoon salt

Pepper to taste

$\frac{1}{2}$ teaspoon baking powder

Instructions:

In a large pot or Dutch oven add chicken broth, water, salt and pepper. Cover and let it come to a boil then turn down the heat to low and let simmer for 30 minutes. While the soup is simmering, make the matzo ball dough. In a medium bowl, whisk together the eggs and vegetable/oil. Add the matzo meal, salt, baking powder and a little pepper to the eggs and oil. Stir until well combined and stir until smooth. Refrigerate for 30 minutes. Once mixture has stiffened, form into ping pong sized balls and drop into simmering soup. Simmer for 20 minutes adding fine egg noodles to soup the last 7 to 10 minutes. Enjoy



BABY IT'S COLD OUTSIDE...SOUPS ON!

FRENCH ONION SOUP

Serves: 4 to 6

Cook Time: 30 minutes

Ingredients:

2 tablespoons butter or margarine
 2 cups thinly sliced onions (2 large onions)
 4 cups beef broth
 2 tablespoons dry sherry or white wine (optional)
 1 teaspoon worchestshire sauce
 Pepper
 6 slices French or Italian Bread, toasted
 1 cup shredded swiss, gruyere or provolone cheese

Instructions:

In a large sauce pan melt butter then add onions. Cook covered over medium-low heat for 8 to 10 minutes or until onions are tender and golden brown. Stir occasionally. Stir in broth, sherry/wine, worchestshire sauce and pepper. Bring to a boil and reduce heat. Simmer for about 10 to 15 minutes. On a cooking sheet, place 4 to 6 oven safe bowls (depending on size of bowls). Using a soup ladle evenly ladle soup into each bowl. Place one slice of bread into each bowl and top with shredded cheese. Place in a 400-degree oven until cheese melts and turns light brown.



TACO SOUP

Serves: 12

Cook Time: 25 minutes

Ingredients:

1 lb. extra lean ground beef
 1 onion, chopped
 3 (15.5 oz) cans of mild chili beans
 1 (14.5 oz) can tomatoes, undrained
 1 can corn, undrained
 1 (8 oz) can tomato sauce
 1 package taco seasoning mix
 1 ½ cups water
 1 ½ cups shredded cheddar cheese

Instructions:

Brown meat with onions in a large pan and then drain. Return to pan and add remaining ingredients except the cheese. Stir breaking up the tomatoes. Bring to boil then simmer on low heat for about 5 minutes. Serve in bowls and top with cheese. Enjoy.



- Andrew Cambram

ABRAHAM LINCOLN WALKS AT MIDNIGHT BY VACHEL LINDSAY

It is portentous, and a thing of state
That here at midnight, in our little town
A mourning figure walks, and will not rest,
Near the old court-house pacing up and down.

Or by his homestead, or in shadowed yards
He lingers where his children used to play,
Or through the market, on the well-worn stones
He stalks until the dawn-stars burn away.

A bronzed, lank man! His suit of ancient black,
A famous high top-hat and plain worn shawl
Make him the quaint great figure that men love,
The prairie-lawyer, master of us all.

He cannot sleep upon his hillside now.
He is among us:—as in times before!
And we who toss and lie awake for long
Breathe deep, and start, to see him pass the door.

His head is bowed. He thinks on men and kings.
Yea, when the sick world cries, how can he sleep?
Too many peasants fight, they know not why,
Too many homesteads in black terror weep.

The sins of all the war-lords burn his heart.
He sees the dreadnaughts scouring every main.
He carries on his shawl-wrapped shoulders now
The bitterness, the folly and the pain.

He cannot rest until a spirit-dawn
Shall come;—the shining hope of Europe free;
The league of sober folk, the Workers' Earth,
Bringing long peace to Cornland, Alp and Sea.

It breaks his heart that kings must murder still,
That all his hours of travail here for men
Seem yet in vain. And who will bring white peace
That he may sleep upon his hill again?

ABRAHAM LINCOLN WALKS AT MIDNIGHT (ANALYSIS)

The memory and spirit of Abraham Lincoln lives on according to Vachel Lindsay in the poem, "Abraham Lincoln Walks at Midnight". Lincoln is easily recognizable as his physical features are the same:

A bronzed, lank man! His suit of ancient black

A famous high top-hat and plain worn shawl (stanza 3)

Lincoln, however, is not at peace. He is walking "near the old court-house, pacing up and down," an ominous sign that should be reported, "it is portentous and a thing of state." He lingers where his children used to play and stalks around his old neighborhood even at night. Why is Lincoln so restless? Lincoln is troubled, worried, concerned and is unable to remain in his grave because of the present-day terror and bitterness in the world. He is distressed about the struggling poor people:

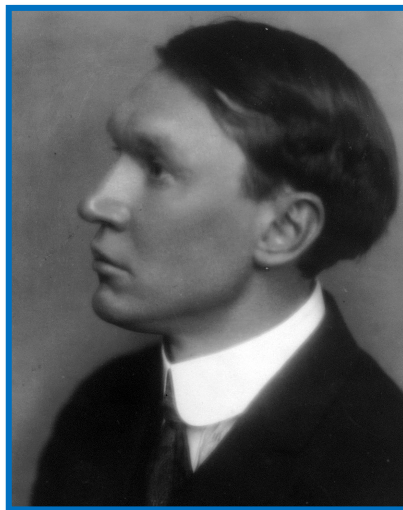
Too many peasants fight, they know not why,

Too many homesteads in black terror weep. (stanza 5)

Lincoln is even more sorrowful as "the sins of all the war-lords burn his heart." "It breaks his heart that kings must murder still." Lincoln is heart-broken as he questions why war continues in the world today. He is concerned and one can accurately infer that Lincoln's spirit will never be at peace until the world is at peace.

This poem is a truly inspirational poem and as young Lasallians, I hope we can start to think about what we can do to bring about peace in the world today. Let us begin to develop ways and means to ensure that Abraham Lincoln, one of our great presidents, rests in peace.

By Lyndon Inglis



MEETING SERENA WILLIAMS

Serena Williams is one of the most notable African-American athletes of our generation. At the 1999 US Open, Serena became the second African-American woman to win a Grand Slam title at 17 years old. Additionally, at the 2003 Australian Open, Serena became the first African-American to win the championship. A few months ago I was lucky enough to run into Serena Williams after attending my Drama Club meeting. I had just left La Salle and as I was walking to Astor place I noticed a group of females taking photos for what appeared to be a Nike campaign. She was instantly recognizable. My heart was beating so fast that it took me a few moments to even get a word out. I introduced myself as “Steven Dumeng, a student at La Salle Academy; a school around the corner”. She was very welcoming and I was fortunate enough to talk to her for a few minutes. At this point in time, Serena had just been through one of the most controversial moments of her career. While playing at the U.S. Open against Naomi Osaka, Serena was striped of a point for allegedly communicating with her coach while the match was in session. Serena then proceeded to break her racket and called the umpire a thief, costing her the game. I told Serena that we spoke of this incident in school during my AP U.S. History class. She was very surprised to hear this and looked to her friend, saying “really” in an embarrassing tone. I ended our exchange by saying that she is a true inspiration to our generation and that her voice and influence go way beyond the sport of tennis. She responded saying “thank you so much, Steven, it was nice to meet you”. That encounter still replays in my mind today and is something I will never forget.

- Steven Dumeng

