

The Cardinal



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New Year: New Hopes



CLUBS

SERVICE

SPORTS

The Cardinal team hopes that everyone had a wonderful Christmas break and looks forward to a prosperous, healthy and safe new year. Even though COVID is still a challenge, *The Cardinal* continues to encourage students to stay safe and keep their masks on inside and outside of school. Despite these safety measures, the Lasallian spirit remains strong. A vibrant and lively student body exists through clubs and sports activities. A new year is a fresh start to do new things, and *The Cardinal* encourages you to join a club, sport, or an activity @ 2:30.

***The Cardinal* team wishes that this new year will bring much success.**



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LSA @ 2:30 CLUB UPDATES

It is never too late to join clubs! In this edition, learn about what some Lasallian clubs did last year and plan to do for 2022.



Asian American Club

By Joshua A Rocamora

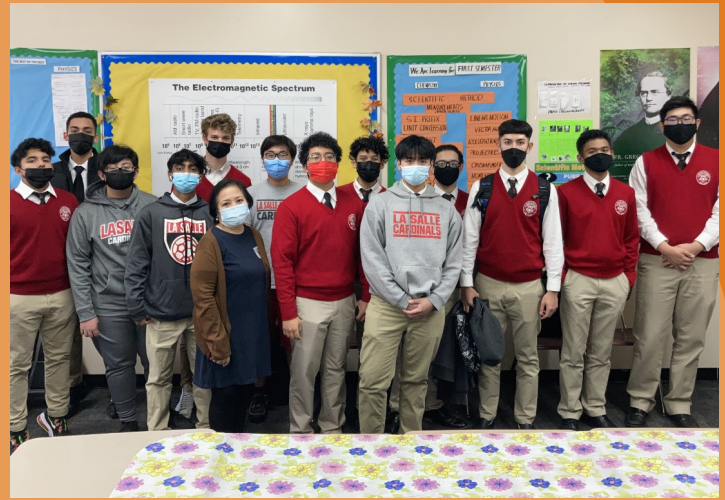
Inclusion & Celebration

The Asian American Club began in 2018 with the goal of bringing inclusivity for those with Asian backgrounds at La Salle.

The Asian American Club, however, is not limited to Asian members. Everyone can come and share their ethnic heritage in an effort to promote diversity and build connections.

There are a variety of activities in the club including sampling foods from different countries, listening to music in different languages, and watching international films. These activities are key to creating lasting connections which the club hopes will continue on even after graduation. Input regarding how the club can continuously improve are greatly appreciated.

Meetings are on Wednesdays.
Moderator is Ms. Morales.
Room 507





Campus Ministry

By Alejandro Alvarez Luna

Campus Ministry provides enrichment for the spiritual growth of all students, faculty, and staff. The office encourages participation in the sacramental life of the Church as well as the charism of our Lasallian mission.

Community Service

Campus Ministry oversees the community service requirement for all students. All students are expected to complete 80 hours of service during their four years at La Salle in their local communities. Students can also volunteer with Catholic organizations throughout New York City, including Catholic Charities, parishes, and elementary schools.

Lasallian Youth Group

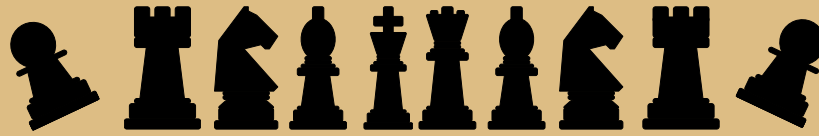
Our Lasallian Youth Group participates in multiple projects in an effort to give back to the community. This group has visited food pantries at St. Anthony's Church in the Bronx and St. John the Baptist Church in Manhattan. Our youth group has also collaborated for an evening of activities and discussion with the Lasallian Youth Group from Bishop Loughlin High School, Brooklyn. Further collaboration between these groups is in the works. Before the winter break, Lasallian youth members took part in a Christmas card writing campaign. Members wrote and sent Christmas cards to the residents of the District of Eastern North America's nursing home facilities. Each resident received a personalized card from a Lasallian Youth member. Lasallian Youth junior and senior members will be involved in the freshman retreats in February. The motto of the Lasallian Youth Group is faith, service, and community.

Meetings for Lasallian Youth Group are on Fridays.

Moderator is Brother Richard Galvin.

Room: Campus Ministry Office





Chess Club

Come to Learn

By Joshua A Rocamora

Chess is a game that may seem intimidating at first. However, with practice, anyone can learn. Chess captivates the player's mind and encourages thinking. Although at times chess can be mentally exhausting, it is also a very rewarding game to play.

If you feel you are up to the challenge, you can also compete with other schools in chess competitions hosted by La Salle's chess master, Brother John McManus.

Meetings are on Wednesdays.
Moderator is Brother John McManus.
Room: Academic Support Center





Debate Club

By Alejandro Alvarez Luna

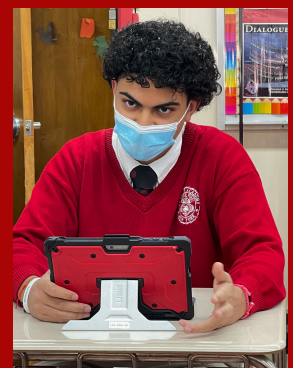
The Debate Club held its first debate on November 2, 2021. Moderator Carlos Apreza conducted the debate by using a modified form of the Lincoln Douglas format. The topic was mandatory COVID Vaccination. The pro team was Frank Reyes and Angel Vasquez and the con team was Alejandro Alvarez Luna and Jiahe Mei. Although the pro team won, the judges complimented the con team for their performance during crossfire.

The second debate on remote learning was held on December 7, 2021. The pro team was Alejandro Alvarez Luna and Frank Reyes and the con team was Aaron Parajon and O'Bryan Flores. This debate was again in the modified Lincoln Douglas format but the debaters were not allowed to use external resources during the debate to support their argument. Alejandro Alvarez Luna and Frank Reyes won this debate.

In the spirit of Christmas on December 14, the debate club discussed the topic of Christmas becoming overly commercialized. Members introduced their own perspectives with the consensus being that Christmas should be observed with more concentration on the birth of Jesus. Students were alarmed that only 51% of Christians usually attend religious services. This statistic was down from 54% in 2013.

If you want to add your perspective on a controversial social economic issue, please join the debate club.

Meetings are on Tuesdays.
Moderator is Ms. Toney.
Room: 409





Finance Club

By Jon Richard Ruiz

“We have to focus people’s minds on the economic opportunities ahead.” -Gordon Brown

John Diaz and Raymond Figueroa founded the Finance Club in October of 2021 with the mission to share their passion for finance with the Lasallian community.

At present, there are 14 members of the club. In a recent interview with *The Cardinal*, Ralphie Fajardo (2022), a member of the Finance Club, states his experience with the club is enlightening. Prior to joining, Ralphie states that he did not have much experience with the stock market, nor was he aware about the opportunities. Ralphie believes that anyone can join the club and learn as he did.

The Finance Club uses the “Webull” website, a program that takes real time stock market data and allows its users to invest virtual money and learn. Through the program, members of the club learn how to analyze the behavior of the stock market and use the experience they gain from the program to prepare themselves to make real investments in the future. Along with the program, members of the club also learn about different types of investments such as index funds, dividends, bonds, and retirement from Mr. Peña’s lectures.

A lesson that Ralphie learned from his virtual investing is that the stock market is not as intimidating as it may first appear. With practice, you can become more informed and confident about investing. Mr. Peña reminds members of the club that not knowing about the future of the stock market is natural and this shouldn’t stop you from investing and grabbing the variety of opportunities in the stock market. For those who are interested and want to join, Mr. Peña welcomes anyone to walk in and ask as many questions as you want about stocks and investing.

Meetings are on Wednesdays.

Moderator is Mr. Peña.

Room: 405





The Green Team

By Joshua A Rocamora



The Green Team, led by Mr. Neering, hopes to bring awareness to the environmental problems the Earth faces today. "Reduce, reuse, recycle" is the Green Team's motto and we hope that everyone adopts this practice. Come join us and learn about the many ways you can help the environment to ensure that our future generation will live in a clean world.



In addition to environmental awareness, The Green Team has hydroponic towers where students grow their own vegetables. The Green Team partners with local restaurants to supply communities with organically grown produce that is fresh and healthy.



**Meetings are on Mondays.
Moderator is Mr. Neering.
Room 508**



Student Government

By Christopher Hurley

Elected as president in May of 2021, Carlos Apreza leads the student government at La Salle. He works with Aaron Parajon as his vice president and Frank Reyes as his secretary. The Student Government focuses on improving student life.

President Apreza, Vice President Parajon, and Secretary Reyes usually lead the school in morning prayers and announce daily events and activities.

Activities such as Spirit Week and Freedom of Feet Fridays have been exciting. Spirit Week focused on school spirit, school pride, and building student morale while showing off student creativity. Freedom of Feet Fridays encourage students to pay a dollar to wear non-uniform shoes. The funds support our twin school, Child Discovery Centre in Nakuru, Kenya.

Student Government also conducts homeroom representative meetings. At these meetings there are lively discussions about upcoming school events. It is the responsibility of the homeroom representative to discuss upcoming events with his homeroom and relay feedback from students.

Upon initiation, student government leaders recite the following pledge:

I do solemnly pledge that I will, to the best of my ability, execute the duties of the office to which I have been elected. I will live up to the trust placed in me by my fellow students and will work with the students, faculty, and administration in promoting the welfare of La Salle Academy.



Meets are on Mondays.

Moderator is Ms. Carlsen.

Room 502



LSA SPORTS UPDATES

Catch up on some of the most exciting updates about sports @ La Salle.



Baseball

By Christopher Hurley

The Off-season

After a great season which included a New York City Archdiocese "A" division title and an Intersectional Championship appearance, La Salle is excited to get back on the diamond. Izzac Garcia (2022), 2021 Player of the Year, will lead La Salle during the upcoming baseball season. Coach Washington is excited to train Alexander Dayle, Eric Marmolejos, Xavier Guzman, Daniel Estevez, Carlos Lorenzo, and Tanis Martinez who all played since freshman year. Schools from Brooklyn, Queens, and Manhattan intend to participate. Coach Washington expects his team to be within the top three and to compete for the Catholic High Schools Athletic Association Championship. He always tells his players to play a simple game and use their speed to their advantage.



Izzac Garcia (2022) Player of the Year

Coaches for baseball are Chris Washington & Luis Muirente.





Basketball

By Alejandro Alvarez Luna



The basketball season is underway at La Salle Academy. The Cardinals Varsity team started the season winning their first four games, but currently find themselves in a bit of a rough patch, having won only two of their last five games. Coach Pannell states that he and the team feel unsettled due to the start and stop nature of the season when games were cancelled. This was mainly due to COVID. He also feels that the team hasn't developed an identity for itself as yet. Coach Pannell is hopeful that the team will become stronger and more dynamic as the season progresses.

Presently Mr. Pannell's starting 5 consists of point guard Nicholas Cortez (2023), shooting guard Carlos Lorenzo (2022), small forward Taylor Perlmutter (2023), power forward Mickle White (2023), and center Aaron Gray (2022). The team also has a solid bench made up of Justin Williams (2023), Damien Maldonado (2023), Jordan Joseph (2023), Ryan Toscano (2023), and Samuel Koutsoftas (2023).

The Cardinal wishes great success to the basketball team!

For more information about the basketball team please visit:
<https://www.leaguelineup.com/welcome.asp?url=nychsaabasketball>

The basketball coaches are Mr. Jerome Pannell, Mr. Casey Seawright, Mr. Elliott Krause, Mr. Tyler Martin (2015), and Mr. Noah Griffith (2015).



Bowling

By Jon Richard Ruiz

"Who are we? La Salle"

"Who are we? La Salle. What do we do? Win!" is a motivational chant used by Coach Ron Anderson since 2007 and by Coach Abdul Sulley since 2019. Spearheaded by these coaches, both junior varsity and varsity teams are moving up into the Brooklyn Queens Championships after their final matches of the regular season against Archbishop Molloy.

Bowling is an enjoyable sport, but includes its own difficulties. For those without experience, starting out can have many obstacles such as learning how to roll the ball properly down the lane and hitting the pins. However, as the coaches say, this is normal as bowling requires mental fortitude and patience to learn.

Everyone has something to bring to the team. Recently, Michael Lennon (2023) won the Triple Crown award for having the highest game series. Jean Suarez (2022) who had never played before practiced endlessly with coach Abdul. Jean had the heart and the willingness to learn through frustrations and struggles.

In a brief interview with Coach Ron Anderson, I asked him what he has to say to those who are interested in joining the team. Coach suggested that "the team does not turn anybody down or cut them off. Speak to the coaches and learn about the sport. Not to worry, we will teach you how to bowl." This mentality makes for a winning formula. As the season ends in February, La Salle bowling is dedicated to the building of school community. The coaches are open to new bowlers.

Coaches for bowling are Coach Ron Anderson and Coach Abdul Sulley.





Indoor Track

By Christopher Hurley

Coach Hackshaw and Coach Williams are excited about the upcoming indoor track season. This will be much different than the previous outdoor track season as there are no winds or hills, no running in 30 degree weather. Athletes are comfortable in t-shirt and shorts as they practice daily in the 168th street Armory and East River Park on 6th Street. Coaches Hackshaw and Williams are relying on juniors and seniors to lead the team. Both Coach Hackshaw and Williams are looking for everyone to improve, run to the best of their ability, achieve personal records, and compete for the city championship.

The first track meet of the season was at Ocean Breeze, Staten Island on January 15. The Varsity members, Jack Walsh (2022), Edgar Alvarado (2023), Joshua Louis (2022), and John Gallahue (2023) participated in a 4 by 4 relay and ran the quickest time in the last four years at 355.7 seconds. Sam Wiley and Dylan Melgoza ran in the sophomore New York section (Manhattan, the Bronx, and Staten Island) 600 meter race coming in at 12th and 23rd.

Coaches for Track and Field are Coach William Hackshaw and Coach Peter Williams.





The Cardinal Team



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